
EDUCATION

Ph.D. in (Health) Communication <i>George Mason University, Fairfax, VA</i>	<i>Aug 2026–Present</i>
M.A. in Communication Studies <i>Texas Tech University, Lubbock, TX</i>	<i>May 2026</i>
B.Com. in Marketing <i>University of Cape Coast, Cape Coast, Ghana</i>	<i>Oct 2021</i>

RESEARCH & TEACHING EXPERIENCES

Graduate Teaching Assistant <i>George Mason University, Fairfax, VA</i> Teach three sections of COMM 101 Fundamentals of Communication lab courses, focused on public speaking, interpersonal communication, and small group communication in intercultural contexts.	<i>Aug 2026–Present</i>
Graduate Student Researcher <i>Texas Tech University, Lubbock, TX Advisor: Luna Wu, PhD</i> - Led two independent studies from IRB and study design through participant recruitment and manuscript preparation. - Designed and administered a Qualtrics survey on family communication and student mental health help-seeking. - Conducted analysis on communication behaviors and depressive symptoms among cancer survivors.	<i>Apr 2025–May 2026</i>
Instructor of Record & Assistant Course Director, COMS 2300: Public Speaking <i>Texas Tech University, Lubbock, TX</i> - Designed and delivered lectures for Public Speaking courses (about 50 undergraduates per semester). - Co-developed course syllabi and instructional materials for the department's public speaking course. - Mentored and co-supervised graduate instructors through structured peer observations and pedagogical feedback.	<i>Aug 2024–May 2026</i>

PEER-REVIEWED ARTICLES

Quansah, A. G., & Wu, Q. L. (2026). Alleviating the burden: The impact of interpersonal and digital communication on depressive symptoms in cancer survivors. <i>Patient Education and Counseling</i> , 151, 109753. https://doi.org/10.1016/j.pec.2026.109753
Quansah, A. G., Baffoe, H., & Eshun, S. (2026). Helpful or harmful? How cancer beliefs and information seeking relate to depression in U.S. adults. <i>PLOS One</i> , 21(4), e0346262. https://doi.org/10.1371/journal.pone.0346262

CONFERENCE PRESENTATIONS

Quansah, A. G., & Wu, L. (2026, Nov). The influence of family communication patterns on college students' mental health help-seeking across digital and traditional sources [Paper presentation; accepted]. <i>NCA 112th Annual Convention</i> , New Orleans, LA.
Quansah, A. G., & Wu, L. (2026, Apr). Alleviating the burden: The impact of interpersonal and digital communication on depressive symptoms in cancer survivors [Poster]. <i>Kentucky Conference on Health Communication (KCHC)</i> , Lexington, KY.
Quansah, A. G., & Wu, L. (2025, Nov). The impact of interpersonal and digital communication on depressive symptoms in cancer survivors [Oral]. <i>15th Annual Arts and Humanities Conference</i> , Texas Tech University, Lubbock, TX.
Quansah, A. G., Baffoe, H., Eshun, S., & Essieku, R. (2025, Jun). Public perception of mpox on social media: Insights from Instagram trends [Poster]. <i>Administrative Data Research Conference (ADRCOn)</i> , Georgetown University, Washington, DC.

PROFESSIONAL EXPERIENCES

Community & Communications Manager <i>Duapa Workspace, Takoradi, Ghana</i> Managed community programs and communications by coordinating workshops and events, leading social media outreach, and maintaining data systems for program evaluation and decision-making.	<i>Aug 2022–Aug 2024</i>
Marketing Assistant <i>Ghana National Chamber of Commerce and Industry, Sekondi-Takoradi, Ghana</i> Managed event operations for business forums, trade exhibitions, and leadership training programs, and analyzed participant feedback through interviews and surveys to improve program performance and engagement strategies.	<i>Oct 2021–Aug 2022</i>

SERVICES

Ad Hoc Reviewer – <i>Patient Education and Counseling, Journal of Medical Internet Research (JMIR)</i> Portfolios
Adjudicator – Pi Kappa Delta Tournament, TIFA State Championship, Texas Shuffle Swing Debate, Big Apple Debate, 2025–2026
Reviewer, Undergraduate Research Conference, Texas Tech University, Lubbock, TX, 2025

HONORS & AWARDS

Outstanding Research Award, Department of Communication Studies, Texas Tech University, 2026
Inductee, Lambda Pi Eta, The National Communication Association Honor Society, 2026
Honorable Mention: Top Six Research Poster (out of 45), Kentucky Conference on Health Communication (KCHC), 2026